



**EL ENCANTO**  
A BELMOND HOTEL  
SANTA BARBARA

THE SPA

## **THE WONDERFUL WORLD OF BELMOND**

We are completely dedicated to your wellness when you stay with us at El Enanto. Whether indulging in our spa or dining on nutritious cuisine, practicing yoga on the terrace overlooking our chef's organic garden or enjoying a moment's peace in a tranquil hideaway, do take this special opportunity to refresh your body, mind and soul.

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## **RELAX AND REVIVE AT THE SPA**

We invite you to unwind in the healing energy of our spa. Allow the sweeping views and stillness of the Santa Barbara hillside to soothe your senses and surround you with peace and tranquility. Nature's renewal powers inspire all of our treatments. We promise you'll leave with a glow that rivals a California sunrise. Bask in fresh botanicals and tropical ingredients, or add luminosity to your complexion. Products are from A-list facialist Linda Ross, ensuring celluloid-worthy skin, using only the purest natural ingredients for maximum therapeutic effect.

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Opening times:

The Spa Reception and Boutique are open daily from 10am to 5pm. Spa Treatments are available by appointment only. For more information on our hours or to book a Spa appointment, please contact the Spa Receptionist or schedule online. Fitness Studio is open 24 hours daily, using your guest room key.

Reservations: +1 805 770 3545 or email [spa.ele@belmond.com](mailto:spa.ele@belmond.com)

## 01 SIGNATURE INDULGENCES

Take a moment of tranquility and experience self-care or share the experience with a partner with one of our signature indulgences, exclusively at El Encanto. Each option also includes lunch by the spa gardens.

TIME FOR YOU 120 MINUTES - \$650

Experience a day at the spa to reconnect to yourself and balance your body.

Massage of your choice - 60 Minutes

Facial of your choice - 60 Minutes

TIME FOR TWO 60 / 90 MINUTES - \$650 / \$850

Experience a massage of your choice with the company of your partner to focus on a balanced body and connection. Choose from relaxation, deep tissue, or maternity massage.

Couples 60- or 90-Minute Massages

Includes a glass of champagne or a non-alcoholic beverage.

The massage is performed on Chakra Mats (infrared sauna mats), balancing all seven Chakras for sublime body alignment.

SIGNATURE LINDA ROSS EXPERIENCE 150 MINUTES - \$795

Uniquely handcrafted by Beverly Hills-based facialist, Linda Ross, enjoy a body regeneration treatment. It uses the highest quality ingredients, custom layered from head to toe.

Body Regeneration Treatment - 90 minutes

El Encanto Signature Facial - 60 minutes

Self-Care Gift

SOUND BATH MEDITATION 60 MINUTES - \$650

Bask in a harmonious combination of playing crystal sound bowls that resonate through your mind, body and soul to help you find balance and healing with your significant other. The added benefit of our infrared chakra balancing mats that will be delivering types of therapy simultaneously, heat far infrared sauna, PEMF, photon, and gemstone therapy will leave you feeling a heightened sense of connection together and individually. Includes lunch.

Option to exclude lunch

\$595

## 01 SIGNATURE INDULGENCES

### ILLUSTRIOUS BEAUTY JOURNEY

CREATED BY LINDA ROSS

120 MINUTES - \$995

Linda Ross Beverly Hills designed this beauty escape journey, uniting science technology with nutrient-dense products, creating renowned glowing skin. It begins with lying on an infrared-heated gemstone Chakra Mat to help mental clarity, relieve tension and provide unparalleled relaxation.

A manual Microderm Scrub uncovers fresh new epidermis layers, brightening the skin and preparing it for better product absorption. Custom-blended therapeutic-grade certified organic essential oils are applied with steam, opening their curative powers. LED Red Light Therapy and MicroCurrent Glove treatment are uniquely partnered with Linda's specialized anti-aging privy solutions, combined with colloidal silver to stimulate facial muscles, delivering lift, increasing collagen production, minimizing fine lines and magnifying the depth of eminent glowing skin.

Nurturing attention is given to the feet using a Microderm scrub, removing dull skin and prepping them to be enraptured with a tranquil foot massage, using a handcrafted epidermal growth factor lotion containing essential oils, followed by the application of collagen-infused boots. The hands area also tended to with the same atelier lotion and treatment mitts.

The Illustrious Escape is completed with an extensive face, neck and shoulder massage, imbuing more age-defying properties into the epidermis, leaving your skin beaming, spirits awakened and heart happy.

For the ultimate experience, reserve Linda Ross under our exclusive residency program

\$1195

## 02 **BODY RITUALS**

### BODY REGENERATION TREATMENT 90 MINUTES - \$595

We begin with dry brushing the body to stimulate blood flow and to reveal fresh new skin. The Skin Elixir Mask is painted onto the body and wrapped in a warm cocoon while the head, scalp and feet are massaged with luminous certified organic essential oils. The treatment concludes with a 50-minute body massage using an epidermal growth factor body cream, leaving your spirit renewed and skin glowing.

### WALK IN BEAUTY BODY SCRUB 60 MINUTES - \$375

Exfoliate and moisturize your skin with an exclusive experience designed by Linda Ross. Linda's Microderm Scrub is designed to awaken and prepare your skin for better product absorption. After showering, The Regeneration Lotion is massaged into your skin. This lotion was created to calm your mind, open your heart and lift your spirit.

### AWAKEN BODY SCRUB 60 MINUTES - \$325

Cinnamon, vanilla, peppermint, and Santa Barbara coffee essential oils combine for a stimulating sensory journey using Himalayan salt and coffee to exfoliate and awaken fresh skin cells, finishing with a lotion application.

### CHAKRA BALANCING TREATMENT 60 MINUTES - \$375

Seven different types of gemstones warmed with infrared heat to become a hot stone surface that will help you relax and ease tension. While laying on top of the mat, you will be pulsed with seven colors of light. Simply close your eyes during hands and feet reflexology while an amethyst-infused facial mask raises your vibration. Following your treatment, a chakra-inspired tea will be served to help you continue your experience.

### ROOT TO RISE 60 MINUTES - \$375

Melt stresses away with a cleansing back scrub, followed by a soothing back, neck and shoulder massage with hot stones. Next, enjoy a restorative foot exfoliation and tension-relieving leg massage. Your 60-minute journey to bliss concludes with a detoxifying mini-facial and scalp massage to leave you feeling nourished and rejuvenated. Wrap up with a rebalancing Magic Hour Tea.



## 04 CUSTOMIZED FACIALS

We are proud to represent a selection of result-driven facial products featured by Linda Ross of Beverly Hills and Kerstin Florian of Lake Forest. Together with your esthetician and based on your skin type and goals, your esthetician will customize a facial to help you achieve your desired results.

### FACIAL ENHANCEMENTS 30 MINUTES - \$100 EACH

- Celluma LED Light Therapy
- Microcurrent Facial Sculpting
- CBD Gua Sha
- Additional Neck & Shoulder Massage

### EL ENCANTO SIGNATURE FACIAL 60 / 90 MINUTES - \$245 / \$360

Treat yourself to our signature facial with a most sought-after skin care line from Beverly Hills, Linda Ross. The result-oriented products utilized in this treatment are designed to work with the skin without harsh chemicals. A customized mask, hand massage and a Nobel Prize anti-aging ingredient is applied with other vital nutrients leaving your skin glowing.

The 90-minute facial uses the skin tightening mask, giving extra attention to diminishing fine lines, and includes a foot massage.

### CAVIAR ANTI-AGING FACIAL 60 / 90 MINUTES - \$245 / \$360

Age-defying skincare in the form of protein-rich caviar and powerful marine actives to firm, refine and condition the skin. The extended version includes a decadent algae-based sheet masque utilizing anti-aging caviar proteins to firm, tone, refine and deeply hydrate.

### ANDA THE VITAL FACIAL 60 MINUTES - \$245

Organic, nutrient-rich, multi-function formulas are custom blended and enhanced with Bian Stone Gua Sha massage to breathe life into skin as meditations of self-love uplift the soul.

### GENTLEMAN'S FACIAL 60 / 90 MINUTES - \$245 / \$360

A customized facial that includes deep pore cleansing, extractions, nose, and ear grooming.

## 05 FITNESS

### FITNESS CENTER

Our fitness center is open daily with 24-hour access by using your guest key card. Keeping your wellness in mind, we have arranged a number of alternative activities, including biking, hiking, personal training, yoga and Pilates.

SPECIALTY PRIVATE FITNESS TRAINING\*                      \$150 per session  
Meet with one of our nationally accredited and recognized fitness experts for a private session in one of our lush gardens or out on your private terrace.

COUPLES PRIVATE TRAINING SESSION\*                      \$300 per couple

PRIVATE GROUP FITNESS SESSIONS\*                      \$300 up to 5 people  
Designed for groups from 2-150, these personalized fitness sessions can include any of the following:

Yoga

Boot Camp

Any of our Group Fitness Classes can be offered in a private session

### ONE-ON-ONE WELLNESS CONSULTATIONS\*

Our expert coaches work with you to create a custom wellness solution incorporating exercise programming, lifestyle modifications, mindset training, and nutrition.

### FITNESS EQUIPMENT

If you're feeling energetic, freshen up your workout routine in our state-of-the-art Fitness Studio. Get your heart racing on the latest Peloton bicycles, Fight Camp punching bags, Technogym treadmills and ellipticals. Or build core strength using our Kinesis Stations. A wealth of classes are also on offer from strength training sessions to rejuvenating yoga for all experience levels. Yoga mats, recovery tools, and strength training equipment are available for in-room use upon request.

### OUT & ABOUT ACTIVITIES

Let us do the driving and guide you on a stunning hike to Inspiration Point or one of the many other beautiful Santa Barbara destinations. Paired with a box lunch from our gourmet kitchen, this is a must-do. From beach volleyball to stand-up paddle boarding, and from hiking to kayaking, our fitness experts are here to meet all your health, wellness and adventure desires. To schedule an out & about activity, please visit our Concierge desk.

*\*Can be arranged in guest room or outdoor location upon request.*

## 06 SPA STYLE

### CANCELLATIONS

We ask that you provide at least 24 hours' notice to change or cancel an existing spa reservation to avoid being charged in full.

### ARRIVAL

We invite you to arrive at least 15 minutes before your appointment to allow adequate time to change. For your comfort we provide a robe, towels and slippers. As a courtesy to other guests, should you arrive late we regret that we will only be able to offer you the remainder of your appointment time. The full cost of the treatment or service will still be charged.

### WELLBEING

For your comfort and safety, we ask you to complete a pre-treatment digital guest intake form before arriving through the link in the confirmation email. Please notify us of any specific requirements for your visit which may include injuries, or allergies.

### GRATUITIES

Our treatment prices do not include gratuities. If you have enjoyed your treatment, please feel free to leave a gratuity at your discretion.

### COMMUNICATION

Prior to the start of your treatment, kindly advise your therapist of the areas you would like to focus on and any areas to be avoided. During your service, let the therapist know if you feel any discomfort. Communication is key to obtaining the full benefit of your spa experience.

### GIFT CARDS

Our gift certificates make perfect presents for spa lovers. Choose an individual treatment or a voucher for a specific denomination.

